

Programs Newsletter

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Q: Should I bring my Driver's License/ID each time I volunteer at the jail?

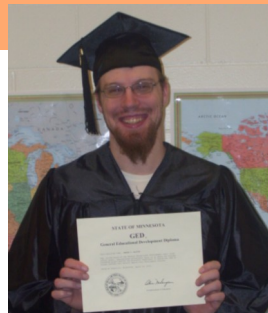
A: Yes. We ask that you bring your form of ID every time you volunteer; even though the programmers know you, not all security staff does. It is a security precaution to check your ID when you enter the facility. The programmers need to update the volunteers list and we need updated copies of everyone's driver's license. Please be ready for us to make a copy next time you enter the facility.

Minnesota Jail Programs & Services Spring Conference

The Spring conference took place at the City Center Hotel in Mankato, MN April 27th-29th. Both programmers attended the 3 day long seminar. Tuesday night kicked off with Greg Croucher leading the group on "Avoiding inmate set-ups." Wednesday was an all day conference starting off with Bob Prentice, an amazing motivational speaker who talked about attitude, personal motivation and achieving goals. Other classes were: Dealing with Difficult People, Mental Illness for Corrections, Forces of Change, Recruitment & Retention of Today's Volunteers, Hostage Survival Skills, Programs Mentoring, and a tour of the new Blue Earth County Jail. On Thursday, Attorney Carrie Hill lead the class on Legal updates, Religious issues and Use of force issues; other classes were Dollar works and Resiliency. The programs staff learned a lot and made a lot of contacts with other counties. One of the most beneficial parts of the conference was being able to speak with other counties' programmers and find out what new programs and ideas they were implementing. Of course there was also time to relax and have a little fun with other programmers!

FCADC GED Graduation

On April 8th, 2010 we had GED testing at the ADC. At that time we had one tester Mr. Shaun Blouin. Shaun had previously passed four of the five GED tests. He only had one test remaining in order for him to earn his GED certificate. After anxiously awaiting for his score, on April 22nd, 2010 we received confirmation from Community Education ABE Program that Mr. Blouin passed the test. He is the first detainee to receive his GED in the current school year. Not only did Mr. Blouin earn his GED, he also gained self-



esteem, self-efficacy, and hope for a better life for himself and his children. Shaun was very proud of his accomplishment and is planning to attend Riverland Community College to pursue an Automotive Technology Diploma.

2010 Volunteers Hours

The programming staff has been doing their best to keep track of how many hours are volunteered in our facility every month. To the best of our record keeping abilities, we have come up with the following numbers:

January 41.5 hours	February 48.5 hours
March 64 hours	April 78 hours

We are very pleased with these numbers and greatly appreciate all our volunteer's hard work and dedication! We look forward to seeing what the Summer brings us.



FCADC Programs Department accepts donations of books, magazines (published within 6 months), and games (new in package).

Wanted: Volunteers for various programs.

Volunteer Appreciation

The FCADC has many volunteers that come in on a regular basis; we currently have about 40 dedicated volunteers. Some of our volunteers from the bible study classes have been volunteering for the jail for 20+ years now. We are always looking for volunteers and we really appreciate the volunteers that have stuck with us through coming to the new jail and with the ICE contract. The programs staff look forward to hosting a volunteer recognition and orientation coming soon. Please check with Jessica or Stephanie to make sure all volunteer information is up-to-date. We appreciate all that you do!

Wanted: Volunteers.

Freeborn County

Freeborn County Adult Detention Center~ Programs Department
411 South Broadway Avenue
PO Drawer 170
Albert Lea, MN 56007

Phone: 507-377-4687
Fax: 507-377-379-2971
Email:
jessica.meyer@co.freeborn.mn.us
stephanie.pirsig@co.freeborn.mn.us

ICE/DOC Inspections

The Department of Corrections Inspection took place on Feb 2nd, 2010. Sarah Johnson, the MN DOC Inspector had some great advice for programs staff and we are happy to say the FCADC has passed the DOC inspection.

On April 20-22nd, 2010, a group of inspectors from the U.S. Immigration and Customs Enforcement (ICE) office inspected the FCADC. With the hard work and dedication from our staff and Jail Administrators, we are happy to say that we have also passed the ICE inspection and look forward to another year of ICE detainees.

National Correctional Officers' Week May 2-8, 2010

Correctional staff work under demanding circumstances and face danger on a daily basis. We are proud of our corrections officers here and Administration took time to honor them on May 6th and 7th. Transport Officer Alan Anderson showed his mad skills with the specialty cakes he supplied for the 2 days. (pictured right) The programming staff want to thank everyone involved and we are very lucky to have such great staff to work with.



Goodbye School Year!

The GED and Parenting classes typically are scheduled to follow the District 241 school calendar. The programs staff and the detainees of the FCADC will miss the dedicated volunteers of these 2 classes. We look forward to these classes returning in the Fall. We hope you all have a great Summer and look forward to seeing you! With that being said, please keep us in mind this summer. If you know someone that would like to volunteer for a few weeks in the Summer, please contact the programming staff.

Visit us on the Web!
www.co.freeborn.mn.us



Programs Currently Offered

- ⇒ Bible Study
- ⇒ Music Ministry
- ⇒ Set Free
- ⇒ Spanish Bible Study
- ⇒ Life Support
- ⇒ Minnesota Teen Challenge
- ⇒ Alcoholics Anonymous
- ⇒ Narcotics Anonymous
- ⇒ Anger Management
- ⇒ Law Library
- ⇒ Parenting
- ⇒ GED
- ⇒ Art/Music Therapy
- ⇒ Drawing
- ⇒ Job Skills
- ⇒ Money Smart
- ⇒ In-Unit Programs
- ⇒ Documentary
- ⇒ Yoga
- ⇒ QiGong Meditation
- ⇒ Inmate Orientation
- ⇒ Mystery Program

WELCOME NEW PROGRAMS

QiGong Meditation

Welcome Ray Bonebrake and QiGong Meditation class to the FCADC. Ray has been studying the art of QiGong for 30 years and has been teaching QiGong and Crystal Therapy through Community Education since last year. We are excited to have Ray on our volunteer team. His QiGong class has given us an opportunity to offer a class that is unique from other Detention Center Program Departments and is in tune with the needs of the detainees.

Our Detainees have been very receptive to his class. Several guys have reported better sleep, more energy and looking forward to the class each week.

Alcoholics Anonymous

We are so please to announce the revival of AA! After a little over a year without AA, the program staff are so grateful to a group of about six volunteers who have started coming in to the FCADC to lead Alcoholics Anonymous meetings every other week. It is so important for many of our inmates to make connections with members of AA while in our facility to give them the best chance of success when they are released from our facility. I am glad we were able to recruit enough volunteers to ensure longevity of the program. Thank you to all who helped get the word out to make this program possible.