### RESOURCE DIRECTORY for Freeborn County

**Emergency Numbers:**
- **AMBULANCE**
- **POLICE**
- **SHERIFF - 911**
- **MN POISON CENTER 1-800-222-1222**

#### BUDGETING – INFORMATION AND ASSISTANCE
- **University of MN – Extension Service**: 377-5660 Government Center, 411 S Broadway, Albert Lea
- **SEMCAC**: 373-1329 2202 Stevens St, Albert Lea

#### CHILD CARE
- **Adults’ & Children’s Alliance**: 1-800-433-8108
- **The Children’s Center**: 373-7979 605 James Ave, Albert Lea
- **Albert Lea Family Y (After School Program)**: 373-8228 2021 W Main St, Albert Lea
- **Families First of Minnesota**: 1-800-462-1660 126 Woodlake Dr SE, Rochester
- **County Licensing (Human Services)**: 377-5400 203 W Clark St, Albert Lea
- **Day Care Association (Jackie Flatten)**: 369-5171
- **Parenting Resource Center**: 1-800-714-1416 105 First St SE, Suite A, Austin

#### COMMUNITY SUPPORT
- **Community Resource Center (Vitality Center)**: 507-473-2718 314 S Broadway Ave, Albert Lea
  - **Monday through Friday 8:00 - 4:00**

#### COUNSELING & SUPPORT GROUPS
- **AA Groups in Albert Lea**
  - **Advocacy Support for People with Developmental Disabilities and Their Families**: 377-3469 407 E William St, Albert Lea
  - **Catholic Charities**: 377-3664 308 E Fountain St, Albert Lea
  - **Cedar River Counseling**: 1-507-433-6482 810 W Oakdale Ave, Austin
  - **Chemical Dependency Center/Fountain Centers**: 377-6411 408 W Fountain St, Albert Lea
  - **Circle of Parents (Barb Sorum)**: 383-8842 Albert Lea
  - **Crime Victim’s Crisis Center**: 377-5460 Government Center, 411 S Broadway, Albert Lea
- **Early Childhood Behavioral Specialist**: 379-4838 211 W Richway Dr, Albert Lea
- **Fernbrook Family Center**: 1-507-446-0431 2575 Harvest Lane NW, Owatonna
- **Freeborn County Mental Health Center**: 377-5400 203 W Clark St, Albert Lea
- **Crisis Line**:
  - **Emergency Mental Health Services**: 1-877-402-3743 (after hours) 314 S Broadway Ave, Albert Lea
  - **Independent Management Services (Vitality Center)**: 507-437-6389 2485 Como Ave, St Paul
  - **Lutheran Social Services**: 1-800-582-5260 
- **Mayo Clinic Health System Albert Lea – Behavioral Health**: 377-6406 404 W Fountain St, Albert Lea
- **Mayo Clinic Health System Albert Lea – Pediatric Dept.**: 379-2110 404 W Fountain St, Albert Lea
- **PACER**: 1-800-537-2237 ..................................................
- **Parent Warmline**: 1-888-584-2204 ..................................................
- **Parent Warmline in Spanish (En Espanol)**: 1-507-437-8330 ..................................................
- **Parent Warmline in Karen**: 1-877-434-9528 ..................................................
- **Water Street Psychology (Beth Oltefske)**: 377-1719 668 Meadow Lane, Albert Lea

#### EDUCATION – CHILDREN & FAMILIES (INCLUDING COMMUNITY EDUCATION)
- **Adult Basic Education (ABE/ESL/GED)**: 379-4866 211 W Richway Dr, Albert Lea
- **Albert Lea Area Schools**
  - **Albert Lea Area Community Education**: 379-4834 147 N Broadway Ave, Albert Lea
  - **Albert Lea Area High School**: 379-5340 2000 Tiger Lane, Albert Lea
  - **Halverson Elementary**: 379-4900 707 E Tenth St, Albert Lea
  - **Hawthorne Elementary**: 379-4960 1000 E Hawthorne St, Albert Lea
  - **Lakeview Elementary**: 379-5020 902 Abbott St, Albert Lea
  - **Sibley Elementary**: 379-5080 1501 W Front St, Albert Lea
  - **Southwest Middle School**: 379-5240 1601 W Front St, Albert Lea
  - **Brookside Education Center**: 379-4800 211 W Richway Dr, Albert Lea
  - **Pre-School Programs/Wrap Around Child Care**: 379-4838 211 W Richway Dr, Albert Lea
  - **Early Childhood Family Education**: 379-4838 211 W Richway Dr, Albert Lea
- **Alden/Conger Public Schools**
  - **Early Childhood Screening**
    - **(Contact your local schools)**: 379-5176 (for Albert Lea) 211 W Richway Dr, Albert Lea
  - **Families First - Head Start of Freeborn County**
    - **Family Home Visiting (Public Health)**: 377-5100 Government Center, 411 S Broadway, Albert Lea
- **Glenville Community Preschool**: 448-3334 202 Central Ave S, Hollandale
- **Glenville/Emmons Public School**: 448-3334 240 Second Ave SW, Glenville
- **Help Me Grow MN**: 866-693-4769 240 Second Ave SW, Glenville
- **(Developmental or Behavioral Referral Site)**
  - **Hollandale Christian School**: 889-3321 203 Central Ave S, Hollandale
  - **NRHEG Public Schools**: 1-507-684-3181 PO Box 428, Ellendale
  - **St. Theodore Catholic School**: 373-9657 323 E Clark St, Albert Lea
  - **United Preschool**: 373-6712 702 Hwy 69 S, Albert Lea
  - **USC Public Schools**: 1-507-553-5810 600 11th St SW, Wells
  - **(Wells, Easton, Briceley, Kiester, Freeborn)**
FOOD – ASSISTANCE

A Hot Meal Program offered on Monday, serving 5:00 pm until 5:45 pm. 
An opportunity for socialization and good food (helping to stretch the family budget).

Our Daily Bread Café
- Free community meal served Monday through Friday. Serving 11:30 am until 12:30 pm. Everyone is welcome.
- Call 507-387-2888 or stop by 404 W Fountain St, Albert Lea

Salvation Army Food Pantry
- 373-5710
- Wednesday Meal 373-2466
- A free Hot Meal Program offered on Wednesday, serving 5:00 pm until 6:30 pm. Everyone is welcome.

WIC (Women/Infants/Children) 377-5289

HEALTH SERVICES – MEDICAL NEEDS

Children’s Dental Health Services 1-507-529-0436
- Freeborn County Public Health (Immunizations) 377-5100
- HealthReach 377-5900
- Mayo Clinic Health System Albert Lea
- 373-2384 or 1-888-999-2386
- MN Children with Special Health Needs
- 1-800-728-5420
- MSU Dental Hygiene Clinic 1-507-389-2147

Open Door Health Center - Dental Services
- 1-507-388-2120

Planned Parenthood
- Mankato Office (Belle Mar Mall) 507-387-5581
- Rochester Office 507-288-5186

Salvation Army (Eyewear Information) 373-5710

HOUSING – ASSISTANCE

SEMCAC (Emergency) 373-1329
- Department of Human Services 377-5400
- Housing & Urban Development 377-4375
- Salvation Army (Emergency) 373-5710

HUMAN SERVICES – MFIP (Medical, Food Support Assistance, Child & Family Services, Child Protection)

Department of Human Services 377-5400

LEGAL ASSISTANCE

Southern MN Regional Legal Services 377-7401

PUBLIC LIBRARY

Albert Lea Public Library 377-4350

RECREATION

Albert Lea Family Y 373-8228
- Albert Lea Park & Recreation (Schedule) 377-4370

TRANSPORTATION

Albert Lea Bus Company (School Bus) 373-1467
- Albert Lea Taxi Service 383-3341
- AmeriCare Mobility Van, Inc. (AMV) 1-800-963-7233

Ride Services (Vitality Center) 377-7433

Utilities – Energy Assistance

Local Fuel Assistance (SEMCAC) 373-1329

Updated February 2019