



Lindsay Duenow, MSW, LGSW, LADC

Lindsay is a dually Licensed Graduate Social Worker and Licensed Alcohol Drug Counselor. She worked for 15 years working in alcohol and drug counseling, before returning to earn her Masters degree in Social Work in order to provide individual therapy.

You will find Lindsay is a good listener, possesses a positive attitude, and has a welcoming demeanor. She is motivated to empower her clients on their unique journey, toward achieving their personal goals in therapy, and developing healthy coping skills through the process. Lindsay describes her therapy approach as eclectic, she will adapt her method for each individual, to what will suite them best in evolving their goals.

Lindsay excels in working with those struggling with; difficult relationships, poor communication, boundaries, domestic violence, and general self-care. She has a passion for working with farmers, and farm family members. Growing up on a farm family herself, and active in the farming operation, she understands some of the unique stressors farm families face. Regardless of your situation, Lindsay will be prepared to listen to your needs, and assist you in pursuing your personal goals.