

Freeborn County Senior Services		
Adult Foster Care (AFC)	Freeborn County (AFC)	507-377-5488
Advocacy, Information & Assistance	Freeborn County Senior Advocate	507-377-7433
Assisted Living	Hidden Creek	507-379-2737
	Oak Park Place	507-373-5600
	Prairie Senior Cottages	507-379-9000
	The Meadow's of St John's	507-373-0226
	Thorne Crest Retirement Community	507-373-2311
	Bancroft Creek Estates	507-379-2739
	Knutson Place	507-373-8226
Caregiver Support	National Alzheimers Assn.	800-272-3900
	Regional Alzheimers Assn.	507-289-3950
	Family Caregiver Network	507-377-7433
Chore	Senior Resources	507-377-7433
County Social Services	Freeborn County - Albert Lea	507-377-5400
Disability Services	Disability Hub	866-333-2466
	PossAbilities	507-281-6116
	SEMCIL	507-285-1815
Emergency Call System	Heartland Security	888-264-6380
	Guardian Medical	888-349-2400
	Medscope	800-645-2060
	Dose Health	844-300-6212
Hospice	Heartland	507-292-1170
	Ecumen	507-774-3221
	Mayo Albert Lea	507-284-4002
	Moments	507-888-9700
	St. Croix	507-281-5700
Information, Referral & Assistance and Health Insurance Counseling	Senior LinkAge Line®	800-333-2433
Legal Assistance	SMRLS Hotline	888-575-2954
	(Southern MN Regional Legal Services)	507-377-2831
Home Care		
Medicare Certified Home Care Agencies	Adara	800-598-5546
	Good Samaritan Home Care	888-381-3205
	International Quality Home Care	507-451-6262
	Regency Home Health Care	507-434-4900
Personal Care Assistance/Home Management Agencies	All Generations	507-214-8007
	Helping Hands	507-993-7500
	Embrace	507-369-5701

	Friends and Family	763-202-7722
	Garden Home Care	651-366-6550
	SEMCIL	507-285-1815
	Samah Home Health	320-455-2702
	Hmong Home Care	651-488-1680
	Home Health Care Agency	651-493-6877
For Complete List of Providers		
	www.mnhelp.info	
Other Home Care Agencies	Allied Home Health	507-668-4024
Note some agencies may not serve the entire county or may not be covered by all paysouces	Baywood Home Care	763-546-8899
	Freedom Home Care*	507-387-4663
	Grace Home Health Care*	507-369-5370
	Home Instead	888-285-1733
	Legacy Home Care*	763-593-1000
	Recover Health*	507-282-2246
	Visiting Angels	507-289-1147
Long-Term Care Consultation (MnCHOICES Assessment)		
	Freeborn County	507-377 -5100
Long-Term Care Ombudsman		
	Statewide system	800-657-3591
Home Delivered Meals		
	HomeStyle Direct	866-735-0921
	Meals on the Go	507-402-3909 (Cindy)
	Meals on Wheels Albert Lea	507-373-7759
	Meals on Wheels Alden	507-874-3781
	Meals on Wheels Emmons	507-373-7759
	Meals on Wheels Geneva	507-440-0166
	Meals on WheelsGlenville	507-373-7759
	Meals on Wheels Semcac-Sr. Tower & rural	507-864-8228
*Many resturants, grocery stores and deli will deliver also	Lutheran Social Services Meals to Go	877-287-0768
	Sister's Meals Home Style Entrees	515-332-1928
Medicare		
	www.medicare.gov	800-633-4227
Medical Equipment		
	Reliable Medical Supply	507-218-3800
	Pal Medical Systems	800-852-6575
	Mayo Clinic Medical Store	507-668-2913
Mental Health		
	Albert Lea Behavioral Health	507-377-6406
	Cedar House	507-377-8506
	Independent Management Services	507-369-4477
	Mental Health Center	507-373-1491
	NAMI Freeborn County	507-481-8818
Senior Center (staffed)		
	Albert Lea	507-373-0704
Senior Dining		
	Albert Lea Senior Tower	507-373-7759
	Alden	507-874-3781

Senior Housing		
	Accessible Space, INC--Washington Apartments	1-800-627-7257
	Life Style,INC. http://www.lifestyleinc.net/vacancy.asp	507-451-8524
	Gray Gables	507-320-5546
	Northbridge Apartments	507-402-3373
	Albert Lea Housing Authority	507-377-4375
	Trailside	507-373-5533
	Hartland Apartments	507-456-9514
	Park Apartment-Geneva	
	Oak Park- Emmons	507-525-3576
	Heritage Apartments Alden	507-525-3576
Skilled Nursing Home Facility	St John's Lutheran Community	507-373-8226
	Thone Crest Senior Community	507-373-2311
	Good Samaritan Society	507-373-9145
Social Security	www.ssa.gov	800-772-1213
	Austin Office	866-504-5010
Telephone Reassurance	Albert Lea Fire Department	507-377-4346
Transportation	Albert Lea Transit	507-379-1111
	Grace Home Care Transportation	507-369-5370
	Handivan	507-281-3600
	Senior Resources	507-377-7433
**Managed Care Medical Assistance Partipants contact Care Coordinator to arrange medical rides	SMART	855-762-7821
Volunteer Programs	Senior Resources-Retired Senior Volunteer Program	507-377-7433
	Senior Companion	507-512-1036
	United Way Volunteer Center	507-373-8670
Veterans Service Office	Freeborn County	507-377-5184
For Complete List of all Services	www.mnhelp.info	